

## ANNEX A: HEALTH DECLARATION FORM



### MINISTRY OF HEALTH MALAYSIA

## HEALTH DECLARATION FORM FOR INTERNATIONAL ASSOCIATION OF MARINE AIDS TO NAVIGATION AND LIGHTHOUSE AUTHORITIES (IALA) DIPLOMATIC CONFERENCE

Ladies and Gentlemen,

Selamat Datang and Welcome to Malaysia!

Malaysia is currently undertaking all the necessary precautionary measures against the spread of the 2019-novel coronavirus (2019-nCoV) infection into our country.

If you have travelled or stayed in China over the past fourteen (14) days, you are kindly requested to declare your health status on the overleaf of this card as required under the Section 15 of *Prevention and Control of Infectious Diseases Act 1988*. Any person who does not truthfully declare will be committing an offence under this Act and if found guilty, shall be liable on conviction to imprisonment for a term not exceeding 2 years or to a fine or to both.

The Ministry of Health Malaysia values your sincere cooperation in this matter.

Thank you.

## HEALTH DECLARATION FORM

All delegates entering Malaysia shall fill in all the information required in this Form.

### PART A (General)

1. Full name : \_\_\_\_\_  
*(use block letters)*
2. Gender :  Male  Female
3. Age (year/month) : \_\_\_\_\_
4. Passport No. / Identity Card No. : \_\_\_\_\_
5. Nationality : \_\_\_\_\_
6. Mode of Transport :  Air  Sea  Land
7. Flight No./ Vehicle Registration No./ Name of Ship/ Name of Train : \_\_\_\_\_
8. Seat No. (if applicable) : \_\_\_\_\_
9. Last Place of Embarkation : \_\_\_\_\_
10. Address in Malaysia : \_\_\_\_\_
11. Telephone No. : House : \_\_\_\_\_  
Office : \_\_\_\_\_  
Mobile : \_\_\_\_\_

## PART B

### Health Declaration

1. Have you travelled or stayed in China over the past 14 days?

Yes

No

2. Date of departure from China :

.....  
(dd/mm/yyyy)

3. Have you had any of the following symptoms over the past 14 days?

	Yes	No
(i) High fever (more than 38°C or more than 100.4°F)	<input type="checkbox"/>	<input type="checkbox"/>
(ii) Cough/ Difficulties in breathing or shortness of breath	<input type="checkbox"/>	<input type="checkbox"/>
(iii) Others (please specify):	<input type="checkbox"/>	<input type="checkbox"/>

.....

4. Have you been in <sup>1</sup>close contact with a person suspected to have 2019-nCoV?

Yes

No

If you have answered **yes** to any of the questions above, please report/present yourself along with this Card to the Health Screening Area / clinic at meeting venue.

<sup>1</sup> Definition close contact:

- Health care associated exposure, including providing direct care for 2019 - nCoV patients, working with health care workers infected with 2019-nCoV, visiting patients or staying in the same close environment of a 2019-nCoV patient; or
- Working together in close proximity or sharing the same classroom environment with a with 2019-nCoV patient; or
- Traveling together with 2019-nCoV patient in any kind of conveyance; or
- Living in the same household as a 2019-nCoV patient.

Signature : .....

Date : .....

## ANNEX B: HEALTH ALERT CARD

### HEALTH ALERT CARD



MINISTRY OF HEALTH  
MALAYSIA

### HEALTH ALERT CARD FOR IALA DIPLOMATIC CONFERENCE 2020 DELEGATION

Keep this card for the next 14 days after arrival in Malaysia. Monitor your body temperature and look out for fever ( $\geq 38^{\circ}\text{C}$ ) and symptoms of cough with breathlessness. If these symptoms were to develop or worsen and you are not feeling well, please seek medical treatment at nearest healthcare facility **IMMEDIATELY**.

As such, kindly practice the following:

- (i) Cover your mouth and nose using tissue whenever you cough or sneeze. Throw the tissue in the thrash after you use it. Wash your hands with soap and water or use hand sanitizer regularly;
- (ii) Always follow cough etiquette;
- (iii) Use face mask whenever being in public or close contact with people; and
- (iv) Always maintain good personal hygiene and cleanliness.

#### **Attention to the Attending Doctor:**

The person who is presenting this **ALERT CARD** is an IALA Diplomatic Conference 2020 delegate and requires medical treatment. If the person presents with fever ( $\geq 38^{\circ}\text{C}$ ), pneumonia or severe respiratory infection with breathlessness, please refer him/her **IMMEDIATELY** to the nearest hospital.